

St. Gianna Clinic Success Stories: From Infertility to Miracle Baby

By: Danielle Litt

Many choose the St. Gianna Clinic because they see it as a place of hope and healing. Our approach to medicine – holistic, loving, affirming, authentically Catholic – extends to assisting couples overcome infertility challenges and providing care throughout their pregnancies and beyond. Molly came to St. Gianna Clinic in 2018 after three years of experiencing infertility. Here's her story.

“We sought answers from different doctors, hoping someone would understand my overall health and how my religious beliefs tie in. Their suggestion to my irregular periods was birth control. Their comments to my ovarian/uterine ultrasounds were, ‘Looks fine to me.’ Their suggestions for getting pregnant included, ‘Just keep trying!’ and ‘Don't try so hard,’ and ‘I can get you in touch with a specialist for IVF (in vitro fertilization).’

“A friend encouraged me to contact St. Gianna Clinic. The first thing that blew me away was that my doctor knew how to read my Natural Family Planning chart! She was the first doctor that asked me questions, took notes, drew pictures, and provided a real medical answer to my medical problem. I was diagnosed with endometriosis and polycystic ovaries, through a diagnostic surgery.

“I was ready for a surgery to address my polycystic ovaries when my doctor came in and told us we were not able to move forward with the procedure. We were pregnant!! There were no dry eyes in the room. We welcomed baby John in September 2018, two daughters, and a fourth miracle baby is due in February.”

The OB/GYN team at St. Gianna Clinic is privileged and honored to help patients like Molly. The clinic practices restorative reproductive medicine which seeks to restore the reproductive system to its proper biological function. We employ NaProTECHNOLOGY®, developed at the St. Paul VI Institute in Omaha, NE, to help couples achieve pregnancy. Though NaPro's comprehensive treatments are medical and surgical, the backbone of restorative reproductive medicine is fertility awareness, which works cooperatively with women's menstrual cycles and seeks to identify and correct the underlying causes of infertility and reproductive dysfunction.

NaPro is much different than other approaches to infertility, such as IVF and intrauterine insemination. In addition to not resolving the underlying factors associated with infertility, these approaches remove the intimacy within the marital act of procreation.

Saying yes to NaProTECHNOLOGY® is saying yes to understanding the intricacies of fertility and seeking wholeness. The pregnancy success rate is up to 80 percent.

Our OB/GYN team aligns Catholic faith, science, and women's health. Our four providers facilitate fertility awareness-based family planning in order to help couples achieve or avoid pregnancy. Visit St. Gianna Clinic at stgiannaclinic.com or call us at (920) 605-3115 to schedule your appointment today.